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**ENGN6250 /​ COMP6250 |** Professional Practice 1

Week 12 **Tutorial Task**

Reflective Writing

1. Write a well-structured academic paragraph that reflects on one professional skill or competency you have developed this semester (200 words +/-10%).

Remember to:

* describe the skill or competency you developed
* describe the feelings you felt
* evaluate the experience
* analyse and explore options that might have helped or hindered learning
* draw conclusions and reflect on what would you do to improve learning
* describe an action plan

1. Exchange you paragraph with your peers and evaluate the quality of your reflection.

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Does the paragraph:** | **Peer 1** | | | **Peer 2** | | | **Self** | | |
| **(Please tick one)** | **Yes** | **No** | **Unsure** | **Yes** | **No** | **Unsure** | **Yes** | **No** | **Unsure** |
| clearly describe a skill or competency that was developed? |  |  |  |  |  |  |  |  |  |
| describe feelings? |  |  |  |  |  |  |  |  |  |
| evaluate the experience? |  |  |  |  |  |  |  |  |  |
| analyse and explore options that might have helped or hindered learning? |  |  |  |  |  |  |  |  |  |
| draw conclusions and reflect on how to improve learning? |  |  |  |  |  |  |  |  |  |
| describe an action plan? |  |  |  |  |  |  |  |  |  |